

## Resources for Diabetes Education in CSRA

1. **Aiken Regional Medical Center**  
Diabetes & Nutrition Teaching Center  
803-293-0023  
Darren Waters MPH, BA, RN  
Clinical Director
2. **Doctor's Hospital**  
**Diabetes Support Group Meeting** second Tuesday of each month at 6pm in the Diabetes Care Center, Doctors Hospital, Medical Office Building 1, Suite 304.  
Point of contact: Tressa Mixon, RN or Cindy Jennings, RN 706-651-2468
3. **Druid Park Community Health Clinic**, 1127 Druid Park Ave., Augusta GA 706-738-0455  
Primary Care Clinic, discount for patients without insurance, also accept health insurance. Call for an appointment. Serves adults only.
4. **Eisenhower Army Medical Center** (for Active Duty Military personnel and and Dept of Defense retirees/beneficiaries)  
**Diabetes Education Classes** (series of 3). Enroll through Nutrition Department, Ms. Carter 706-787-2243. Speakers include nurse, dietitian, pharmacist, physical therapist, endocrinologist and psychologist. Scheduled 1<sup>st</sup> 3 Wednesdays of each month (year round)
5. **Augusta VA Medical Center** 706-733-0188  
Diabetes Services available for Veterans only  
Contact your PCT provider for diabetes management, referral to Endocrinology, diabetes education classes or MOVE (Managing Obesity in Veterans Everywhere) weight management program.
6. **Medical College of Georgia**  
Contact Heather Dunagan at 706-721-0135
7. **Trinity Hospital**  
Contact: Bob Bledsoe, RN, MSN, CDE Nurse Educator 706-481-7424  
Bruna Popp, LD, RD Dietitian 706-481-7379  
Education includes the initial hour of diabetes assessment and education; a written nutritional history is completed at this time and forwarded to the dietitian who develops a detailed meal plan for the patient. The plan is brought back to the patient during the follow up class which is offered once a month, usually the 4<sup>th</sup> Thursday. The initial one hour and the 5.5 hour follow up class includes the required subject matter directed by the ADA to receive ADA recognition.
8. **University Hospital Diabetes Services**: 706-868-3241